



Immeasurably More: The Book of Ephesians: New Identity

Icebreaker: Spring Skiing or Spring planting?

Read Together: Ephesians 4:17-32 (NIV)

Discuss:

- What do you notice in the scripture for this section?
- What was the Holy Spirit speaking to you as you heard Jason speaking?
- What was the way the Gentiles walked?

Read Together: Ephesians 4:22 (NIV), Ephesians 4:24 (NIV), Colossians 3:9-10 (NIV), Romans 13:12, 14 (NIV), Ephesians 4:1 (NIV), Matthew 6:8 (ESV), Romans 12:2 (NIV)

Discuss: *In Christ, We Have a New Identity.*

- What stands out to you in the scriptures for this section?
- How do we put off the old self?
- How do we put on the new self?
- What does it mean to be “renewed in knowledge”?
- How do we put aside the deeds of darkness?
- What do we do to Renew our mind?

Read Together: Ephesians 4:25 (NIV),

Discuss: *In Christ We Should be Honest and Not Lie.*

- What do you notice in the scripture for this section?
- Where do you struggle most with being dishonest?

Read Together: Ephesians 4:26-27 (NIV), Psalm 4:4 (ESV), Psalm 119:53 (ESV), Mark 3:5 (ESV)

Discuss: *Christians Are to Have Righteous Anger, Not Unrighteous.*

- What stands out to you in the scriptures for this section?
- Are you surprised that the Bible gives you permission to be angry?
- How can you be angry and not sin?
- How do we avoid giving the devil a foothold?

Read Together: Ephesians 4:28 (NIV)

Discuss: *Christians Are to Work, Be Generous, and Not Steal.*

- Is there anything in the scriptures for this section that surprises you?

Read Together: Ephesians 4:29 (NIV), Ephesians 4:30 (NIV)

Discuss: *Christians are to Replace Corrupt Talk with Edifying Talk*

- What stands out to you in the scriptures for this section?
- What type of unwholesome talk are you most prone to participate in?

Read Together: Ephesians 4:31-32 (NIV)

Discuss: *Christians are to Replace Bitterness and Rage with Kindness and Forgiveness.*

- What do you notice in the scripture for this section?
- How do we rid ourselves of the list of offenses in this scripture?

Pray:

- Ask God to help you walk in the new identity He gave you at Salvation.
- Ask God to show you how to renew your mind.
- Ask God to help you be honest in areas where you tend to deceive yourself and others.
- Ask God to show you the difference between Unrighteous and Righteous Anger.
- Ask God to reveal any ways that you have stolen from others.
- Ask God to set a guard over your mouth to guard what you say.
- Ask God to show you how to rid yourself of any offensive way that you walk in.