



Gratitude Week 2 – Life-Giving Gratitude

Icebreaker: What food are you anticipating for Thanksgiving?

Read Together: Philippians 4:8 (NIV)

Discuss:

- What was God speaking to you as Tim taught?
- Are you letting God control your thinking or letting your thoughts run wild?

Read Together: 2 Corinthians 10:5 (NIV)

Discuss:

- Are you being Christ like?
- What are you observing in the world around you?

Read Together: 1 Thessalonians 5:18 (ESV)

Discuss:

- What are you thanking God for today?

“Life is not lost by dying it is lost minute by minute, day by dragging day in all the thousand small uncaring ways.” **Stephen Vincent Bennett**

“Life moves pretty fast. If you don't stop and look around once in a while you could miss it.”
Ferris Bueller

- In what ways have you observed life slipping by in small, uncaring ways?

Read Together: James 1:17 (NIV)

Discuss:

- How much living do you think you do?
- What moments do you take for granted?

“We are perishing for want of wonder rather than want of wonders.” **G K Chesterton**

“Be happy in the moment. Each moment is all we need, not more.” **Mother Theresa**

Read Together: James 3:6 (NIV), Ephesians 4:29 (KJV)

Discuss:

- We don't get endless moments, but we do get endless choices in the moment. What choices are you making moment to moment?
- Who does God want to be for you in this moment?

Read Together: Philippians 2:14-16 (ESV), Philippians 2:15 (MSG),

Discuss:

- What are your most prominent grumblings?
- How do you react to the facts around you?

Maya Angelou, a well-known American writer and activist, once said, "If you don't like something, change it. If you can't change it, change your attitude about it - what you say matters."

- What attitudes do you think you could change?

Action Steps:

Seek Life, See Life, and Be Life!!!

- What are you thankful for?
- What windows open up for you when you express gratitude?

Pray:

- Ask God how you can be a tour guide for godliness and gratitude in this world!
- Ask God how to be light and life to others.
- Tell God some things you are grateful for!