



Gratitude Week 4

Icebreaker: What are you most thankful for this week?

Gratitude is a Choice

Gratitude is a Disposition

Read Together: Romans 1:20-22 (NIV), 2 Corinthians 4:4, 6-11, 16-18 (NIV)

Discuss:

- What stands out to you the most as you read the scriptures for this section?
- What was God speaking to you as you listened to the message?

Gratitude Doesn't Depend on Circumstances, but it Determines How We See Circumstances...

Read ALOUD Together: Psalm 136 (NIV)

Discuss:

- How do you see your circumstances in light of this chapter?
- What is your practice of thankfulness?
- God is just as worthy in our difficult times as he was on our favorite day.

Thanksgiving Starts as a Practice, that Becomes a Discipline, that Becomes a Lifestyle.

Pray:

- Take some time to tell God what you love about Him.
- Ask God to show you some ways to be thankful!