



The Heart Series Week 1

Icebreaker: Where is your favorite place to “leaf-peep”?

Discuss: Often, the description associated with the heart describes a season we are in or a condition we are living in.

- What was God speaking to you as Mikayla spoke?
- What was God speaking to you as Tim spoke?
- What was God speaking to you as Tim interviewed Megan, the artist?
- Which of these heart-oriented words do you relate to the most in your current season?
 - Kind Hearted
 - Open Hearted
 - Warm Hearted
 - Wholehearted
 - Heart Felt
 - Heart Sick
 - Heart Wrenching
 - Broken Hearted
 - Heavy Hearted
 - Hard Hearted
 - Cold Hearted
 - Disheartened
 - Faint Hearted
 - Wounded Heart

Read Together: Jeremiah 17:9-10 (MSG), Exodus 34:6 (ESV)

Discuss:

- What do the scriptures for this section say in light of the following questions?
- What is God currently seeing in your Heart and the Center of who you are?
- What season of the heart are you currently experiencing?
- How is God meeting you where you are and helping you know that you are known?
- How is God currently trying to heal your hurting, heartsickness, brokenness, or hidden wounds?
- How is God asking you to come out of hiding?

Discuss:

- How do you prevent Seasons from defining you?
- How do you stand against Experiences holding you hostage?

Discuss:

- How have you seen God knowing what you are experiencing?
- What is your experience of God Contending for you?
- How have you seen God restore you?
- What was your past meant to do for your now?
- How has God given you Hope and a Future?
- What future does God dream for you?

Pray:

- Ask God to show you how He sees the person you are jealous of.
- Ask God to show you what He sees in the heart of those you are angry with.
- Ask God who He wants you to minister to in the same way you received ministry.
- Ask God to show you places that you are choosing to stay wounded.
- Ask God to show you a person or people who can help you see your blind spots.
- Ask God to show you how to leave your past behind and walk into a future of freedom and healing.
- Ask God what His invitation to hope is for you.
- Ask God what journey will take you to healing.